

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FEB MENU 2024

JOHNSON SPACE CENTER



ANNOUNCEMENTS:

February 6th
Early Release – EPISD
RHS

February 9th
Early Release-RHS David
Sublasky

February 14th
Early Release – EPISD,
San Elizario RHS
Santiago Rodriguez
–No School

February 15th
Birthday Celebration

February 16th
RHS Pete Duarte
-No School

February 19th
Pete Duarte, David
Sublasky -No School

R.B.



Updated 2/1/2024
www.SquareMeals.org

5 Cream of Wheat
Blueberries/Milk
Bean & Cheese Burrito
Zucchini Corn Medley
Tropical Fruit
Milk
French Toast w/ Syrup / Milk

6 Cheerios/Peaches/Milk
Chile Colorado
Refried Beans
Mexican Rice
Milk
Yogurt / Blueberries

7 Toast w/ Jelly
Banana/Milk
BBQ Chicken Drumstick
Mashed Potatoes
Green Beans
Biscuit / Milk
Chatsnax / Milk

8 Stuffed Mini Bagel
Applesauce/Milk
Salisbury Steak
Peas & Carrots
Dinner Roll
Orange Wedges / Milk
Apple Wedges
Cucumber/Dressing

9 Oatmeal/Blueberries/Milk
**Macaroni & Cheese w/
Turkey Ham**
Broccoli
Pear
Milk
Animal Crackers / Milk

12 Cheerios/Mandarins/Milk
Meatloaf
Green Beans
Biscuit
Peaches
Milk
Banana Muffin/Milk

13 Waffles w/ Syrup
Banana/Milk
Fish Nuggets/Ketchup
Corn
Apple Wedges
Milk
Animal Crackers / Milk

14 French Toast w/ Syrup
Applesauce/Milk
Cheeseburger
Potato Wedges
Orange Wedges
Milk
Cheese Stick
Saltine Crackers

15 Potato & Cheese
Burrito/Milk
Popcorn Chicken/Ketchup
Broccoli
Macaroni & Cheese
Pear Wedges / Milk
Birthday Celebration
Flatbread Waffles w/
Strawberries

16 Cinnamon Flakes Cereal
Apple Wedges/Milk
Tuna Vegetable Sandwich
Apple Wedges
Milk
Saltine Crackers
Baby Carrots/Dressing

19 Mini Pancakes w/
Syrup/Applesauce/Milk
Steak Fingers
Mashed Potato
Green Beans
Milk
Zucchini Bread / Milk

20 Cinnamon Toast
Banana/Milk
Chili Bowl
Corn Bread
Peaches
Milk
Chatsnax / Milk

21 Stuffed Mini Bagel
Apple Wedges/Milk
Beef & Potato Burrito
Zucchini Corn Medley
Milk
Goldfish Crackers
Apple Juice

22 Turkey Sausage & Egg
Uncrustable/Strawberries/Milk
Chicken Sandwich
Sweet Potato Fries
Pineapple Tidbits
Milk
Saltine Crackers
Cucumber/Dressing

23 **Cook's Choice**

26 Mini Wheats Cereal
Strawberries/Milk
Orange Chicken
Broccoli
Brown Rice
Mandarins / Milk
Yogurt / Blueberries

27 French Toast w/ Syrup
Apple Wedges/Milk
Chicken Nuggets/Ketchup
Mashed Potato
Tropical Fruit
Milk
Turkey Ham & Cheese Wrap

28 Cream of Wheat
Blueberries/Milk
Spaghetti w/ Meatballs
Normandy Blend
Pear
Milk
Blueberry Muffin / Milk

29 Bean Mollete/Pear/Milk
Veggie Nuggets/Ketchup
Potato Wedges
Peaches
Milk
Cheerios/Milk

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TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Head Start Menu
3 -5yrs.
Full Day